

NEWS



EmptyHands News

KaraTe School

1ST APRIL 2007

WELCOME TO OUR ANNIVERSARY EDITION NEWSLETTER

SPECIAL POINTS OF INTEREST

- 1st School Anniversary on 22nd March.
- Sumi-e Day (Japanese Brush Painting) was thoroughly enjoyed. The evening involved basic lessons in Brush Painting and a competition for the best Brushstrokes.
- Brush Paintings were shortlisted by our Staff.
- The Students took part in Mokusa (focused breathing).
- 1st Quarterly Award Ceremony.
- Our next newsletter will be published in late June/early July.

1st Place—Ismael Adam



Brush Painting by Ismael Adam
Depiction of Mount Fuji on a clear day

2nd Place—Maryam Adam

3rd Place—Shahwali Bashir

Sumi-e Day



Students engulfed in their final master piece.



“There is no first attack in Karate”

Gichin Funakoshi Hanshi

Iqra Mushtaq received the first award of the year. She was elected for the following criteria: - Patience – Perseverance – Persistence - Hard Work in and out of the Dojo- Good Attendance - Good character – Successfully achieving her Red Belt.

Well done to Iqra!



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